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Train with your Kids!

SPECIAL 3 PACK OFFER

- Buy 3, private 1 hour training sessions for your family for \$210 (save \$90!)
- OR 3 group sessions for 4 people for \$150

(4 persons/family include 1 adult, 3 kids ages 10-16)



Our trainers provide a fun environment where you and your children can increase your confidence, fitness, balance and help to reduce body fat. Our trainers focus on an inclusive, non-competitive training environment where everyone is encouraged to be the best they can. We have many after school sessions available to suit your family.

Call now to book a time that suits your family Ph: 9727 2278