

Bully Resilience Workshop

Changing the Bully Game

with Gwen Godman

What can we do as parents to affirm and validate our children? How can we help them to be resilient to the taunts of others? How can we help them to grow in personal strength?

This workshop explores ways to assist our children to become resilient to bullying, as well as providing them with strategies for changing the power game.



Monday May 22

7pm - 9pm

or

Wednesday May 24

10.30am – 12.30pm

\$5 per session

Gwen's knowledge and its application is the result of her experience as a parent, teacher and counsellor, along with her formal training in child-development, psychology and different therapeutic techniques. Gwen is also available for private consultation at Woori Community House by appointment.

Gwen—0499 772 642