



# Futsal Oz – Mt Evelyn

## Something for the Ladies



### Tuesday Evening Ladies Futsal

(Indoor soccer)

- social league
- great team sport
- fun; and
- a great workout

### Thursday Morning Ladies Futsal

(Indoor soccer)

- term based (no school holidays)
- fun
- casual; and
- a great workout

- Gather a team together (five or more) and come down and play a game of Futsal!
- If you can't find a full team, you can register as individuals.
- Games are 2 x 18min halves.
- First game free
- No prior knowledge of the game needed, just be keen to give it a go!
- Suits all fitness levels and sporting abilities.

### Friday Mornings Futsal Fitness

- term based (no school holidays)
- skills based training and an introduction to Futsal
- great workout; and
- fun

Sessions run every Friday from 10am – 11am (no school holidays)

Give me a call on 1300 788 799 (Mt Evelyn) or send me a message ([ilona@futsaloz.com.au](mailto:ilona@futsaloz.com.au)) to register your team/individual player now.

Hope to hear from you soon!

Ilona @Futsal Oz, Mt. Evelyn

**FUTSAL OZ MT EVELYN**  
TUESDAY EVENING & THURSDAY MORNING

**JOIN OUR WOMENS LEAGUES!**  
TUESDAY EVENING & THURSDAY MORNING

SORRY LADS - THIS LEAGUE IS FOR THE LADIES ONLY!

REGISTER AS AN INDIVIDUAL OR SIGN UP A WHOLE TEAM!  
- LIMITED SPOTS AVAILABLE

FUTSAL OZ - MOUNT EVELYN Ph 0438 000 386  
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