

Parenting Anxious Children

This session will assist parents to understand anxiety, identify its symptoms, learn strategies to assist parents and their children to manage anxiety, and know where to go for more information, resources and services.

Book into the session that suits you best!

- Tuesday 24 October at 7.30pm
Warranwood Primary School
- Monday 30 October at 7.30pm
Eastwood Primary School
- Wednesday 1 November at 7.30pm
Mullum Primary School

**FREE session
for parents and
carers of
primary school
aged children**

For more information, please contact Cathie Wills on 1300 88 22 33

Bookings essential, please register online at:

www.maroondah.vic.gov.au/ParentInformationSessions

An initiative of Maroondah Plus 10 Schools,
a partnership between Maroondah Schools & Maroondah City Council