



# treehouse

**Is your child uncomfortable in social situations?**

**Does your child worry about making a mistake or being embarrassed in front of others?**

**Does your child sometimes sit alone at lunchtimes/avoid interacting with classmates?**

Treehouse is a therapeutic program for primary-school aged children, who need some extra support with social skills, self-esteem, managing strong feelings and developing resilience. By being creative and learning through play, children are able to develop their relationship skills in a non-confrontational way, while also allowing them to safely think about how they might cope with their own worries.

For more information or to make a referral please call Alana Weekes on 8878 3805

or

email: [aweekes@each.com.au](mailto:aweekes@each.com.au)

*Please note: the facilitators of the program need to meet both the parent and child being referred PRIOR to the group starting to ensure the program is suitable*

|              |   |
|--------------|---|
| <b>Who</b>   | <b>TERM 1 – Gd 2/3s</b>   |
| <b>Where</b> | EACH<br>10 Silver Grove<br>Nunawading 3131  |
| <b>When</b>  | Tuesdays<br><br>13 <sup>th</sup> Feb – 27 <sup>th</sup> Mar<br><br>6 week program<br><br>(no session on 20 <sup>th</sup> Mar) |
| <b>Time</b>  | 4-5.30pm  |
| <b>Cost</b>  | FREE  |

*Parent/carer involvement is scheduled at the end of each session from 5.15pm.*

**More information:**

Age groups for each term subject to change depending on referrals

Please note: only one child is accepted into the program from each school.

This program is funded by the City of Whitehorse