

# Group Swimming Lessons

## **Purpose of the program:**

The purpose of this program is to enhance the children's confidence and swimming skills within a group environment, and aims to assist them to transition into a mainstream swimming group.

Cost: \$65 per session  
Dates: Wednesday 3.45pm - 4.30pm  
Venue: Croydon Aquahub

## **Criteria:**

- Be able to follow two step instructions
- Be able to tolerate being within a group
- Have a basic understanding of water safety
- Have basic swimming skills i.e. blow bubbles, kicking on front and back with a floatation device and jump from the edge of the pool with assistance

## **Outcomes:**

- Develops social interaction, play and communication skills
- Develops water confidence within deeper water
- Introduction and development of swimming skills and strokes i.e. torpedo, freestyle etc.

To indicate your expression of interest or If you have any questions or concerns please contact [autism@irabina.com](mailto:autism@irabina.com) or (03) 9720 1118.