Dear Parents and carers,

Early next term we are hosting a workshop about School Refusal. We are hoping to help parents, carers and staff so that we may better support students who may be experiencing School Refusal.

**School Refusal - Why does it occur and how can we help?**

Most children experience an occasional reluctance to attend school, or may have anxiety around special events such as camps or sports days. However, when reluctance turns into distress, or a child’s failure to attend school becomes a persistent problem, it is referred to as School Refusal.

School refusal can be caused by a variety of factors including anxiety around social situations or events, separation anxiety, learning difficulties, bullying, conflicts with teachers or traumatic events, and can place considerable strain on family relationships, as well as affecting social-emotional development and academic skills.

This workshop will discuss what School Refusal can look like in primary aged children, outline how to identify the possible causes, and provide strategies for managing School Refusal effectively.

**About Raelene**

Raelene is a Registered Psychologist with a private practice in Croydon South, called Okey Dokey Childhood Psychology. She has a Masters Degree in Educational & Developmental Psychology. Raelene has extensive experience working with children in Early Childhood Intervention and Primary schools, and has special interests in Autism Spectrum Disorder, Anxiety Disorders and Learning Disorders.


**When:** Wednesday the 13th of April.

**Time:** 7.30 pm.

**Cost:** $15.00 per person.

**Venue:** Yarra Road Primary school gym.

Coffee and tea provided.

**RSVP:** Please complete the attached form and return to school by Thursday the 24th of March or Monday the 11th of April.

Kate Perkins
Principal
Yarra Road Primary School
School Refusal Workshop

Name ............................................ No of tickets  ..........................................

Contact Phone Number  ..............................................................

Payment Method

Direct Deposit:  
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Account Name:  Yarra Road Primary School  BSB 063-124

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Amount:$.................

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