What is the Parent Education Program?
Irabina’s ‘Parent Ed’ is an evidence based program that was developed for parents and carers of young children who have recently been diagnosed with an Autism Spectrum Disorder (ASD).

Small groups of parents/carers attend weekly 90 minute sessions where they are given the opportunity to meet other families also living with child/children with an ASD, and to learn more about autism and how it affects your child’s daily life, communication, play and behaviour. Each session will cost $100 - which includes a manual for parents.

The sessions cover a range of topics including:
• characteristics of ASD & the issues that parents & families experience following the diagnosis
• Different reactions to the diagnosis and coping strategies
• Behaviour Management - looking at managing difficult behaviours, changing inappropriate behaviours and encouraging new behaviours
• Communication (both verbal & non verbal)
• The sensory system/sensory preferences and issues
• Social skills and how to work and play together

To indicate your expression of interest or if you have any questions or concerns please contact autism@irabina.com or (03) 9720 1118.