



Applied Behaviour Analysis (ABA)

What is Applied Behaviour Analysis (ABA)?

ABA is an evidence-based therapy for children diagnosed with Autism Spectrum Disorder. ABA applies an understanding of behavioural principles to help children learn new skills and to decrease unwanted behaviours.

An ABA program may be able to help your child develop new skills in the following areas:

- behaviour and coping skills
- self-regulation & understanding emotions
- communication skills
- social skills
- academic skills
- daily living skills

How do we get started:

- An initial assessment will be completed to help your Psychologist understand the unique strengths and needs of your child.
- Your Psychologist will write an ABA program individually-tailored to your child
- Your child will participate in 1:1 sessions with members of our therapy team
- Regular team meetings will be run by your psychologist to support your therapy team and to update your child's program as skills are mastered.

Cost:

- \$1800 per term plus enrollment fee (one off) - 3 hours a week program
- \$3600 per term plus enrollment fee (one off) - 6 hours a week program
- \$5400 per term plus enrollment fee (one off) - 9 hours a week program

To indicate your **expression of interest** or if you have any questions please contact autism@irabina.com or (03) 9720 1118.