

## Dads Tuning in to Kids



Dads Tuning in to Kids is an effective evidence based seven session

**parenting course** that focuses on developing your child's **emotional intelligence**.



The program provides you with the skills and **strategies** to:

- **Improve communication and connection with your child**
- **Better understand and manage emotions**
- **Problem solve and set limits**
- **Prevent or reduce problem behaviours in your child**

All within a supportive environment where you can share the challenges of parenting.

**Research** shows that children with higher emotional intelligence do better in a range of life outcomes and have the **emotional competence** to respond to life events in a resilient way.

Primary Facilitator: Mr Ashley Taylor (Primary School Teacher & Dad)

Support Facilitator: Dr Rachel Cousins (Clinical Psychologist & Mum)

### Dads of children aged 2 – 12 years

At Deco Place Croydon

7pm to 9pm Wednesday nights

\$250

Places are limited to 12 participants

Term 3

Starting 7pm the 16<sup>th</sup> of August 2017

Term 4

Starting 7pm the 1<sup>st</sup> November 2017



To book your spot or ask a question contact [ashley@decoplace.net](mailto:ashley@decoplace.net)

0430 031 444



## Tuning in to Kids Workshop

Dr Rachel Cousins and Mr Ashley Taylor will be conducting a separate 3 hour workshop covering the basics of the TIK approach to parenting. Parents, both **Mums** and **Dads**, interested in an overview of how to nurture emotional intelligence in their children are encouraged to attend.

The full TIK parenting course may be offered with sufficient interest.

The TIK workshop (cost \$75) will take place at 5.30pm on Wednesday 11<sup>th</sup> of October 2017 and at 2pm on Saturday the 21<sup>st</sup> of October 2017.

