What Every Parent Needs to Know About Concussion in Sport

Sport is such an important part of your child's development, from social skills to physical development, that we don't like to think that there may be risks involved.

Unfortunately it is becoming increasingly known that head impacts, regardless of whether they actually produce obvious concussion signs, can have long-term impact on your child's brain function and performance.

In this information evening, Matthew Holmes of the Eastern Brain Centre will be discussing the latest information on concussion and head trauma in kids.

Far from discouraging you from letting your kids play sport, he'll look at the steps you can take to prevent head injury as well as reviewing what to do if you child does experience it.

Specifically we'll cover:

1. The latest medical research around concussion, it's long-term effects, and effects on learning and academic performance.
2. Steps you can take to reduce the risk.
3. Establishing baselines of your child's current performance
4. The steps you need to take to support complete recovery, including when to return to school and sport
5. Warning signs that a head injury isn't recovering normally and what action to take

If your child participates in activities where they can suffer a head impact, you need to attend this event. Example sports include:

- Aussie Rules
- Soccer
- Rugby
- Basketball
- Martial arts
- Boxing
- Hockey
- Horse riding

Register now for this free event at www.braincentre.com.au/concussion-event

Event details:
7.00pm on 16th March 2016
“BR” Building, Yarra Road Primary School, Yarra Road, Croydon North 3136